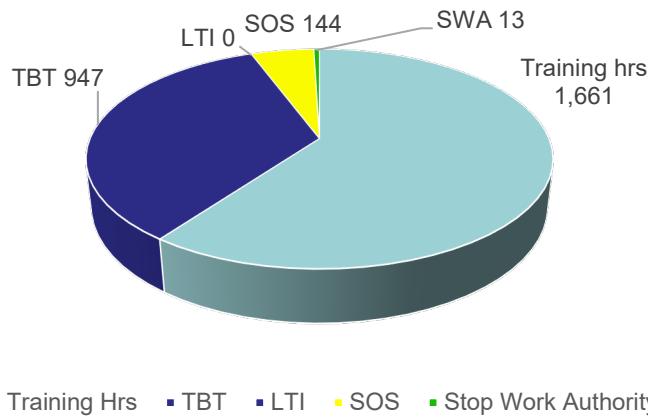


HSE Statistics Report Dec 25



SPETCO December 2025 Winners

Awards	Name	Remarks
Best Drivers	Jaspal Singh-3767	JPF-4
	Hamada Gharam -2846	Logistics
	Biju Mathew-3792	JPF-4(U)
	Beshoy Rafat-2938	SRP
Best SWA	Bhagaban Rauta-3371	Fab-KGOC
	Sathish Shetty-1397	GSF
	Anbu Manivel-2753	JPF-3
Best SOS	Prasanth S-2705	JPF-4
Answer of the Month	Mohamed Amine -3717	WT



Emergency Evacuation Mock Drill Conducted at Shuwaikh Office

SPETCO LIFE SAVING RULES

The Life-Saving Rules provide a framework and guidance for working safely. Life Saving Rules are Important reminders of the top critical hazards that help every employee to: Reduce the possibility of serious injury or death, Understand the potential workplace hazards, Use proper precautions to manage risks, Work together safely and go home healthy etc. Always follow the Life-Saving Rules, for your own safety and for others. It is very important that everyone who works for SPETCO including business partners must know the 10 Life-Saving Rules of SPETCO.



Permit to Work

- ❖ Ensure a valid work permit is obtained before starting any non-routine work.
- ❖ Identify all hazards and communicate the permit requirements, including JSA/TRA, to all workers.
- ❖ Perform the job strictly as per the permit and raise a new permit for any scope changes.



Dropped Objects

- ❖ Secure all tools, equipment, and materials to prevent them from falling.
- ❖ Barricade and keep personnel clear of areas where objects could fall.
- ❖ Never work below unsecured loads and report any potential dropped object hazards immediately.



Process Safety

- ❖ Identify and understand process hazards before starting any activity.
- ❖ Ensure all safety systems, alarms, and barriers are in place and functioning.
- ❖ Never bypass process safety controls; stop work and report any abnormal conditions immediately.



Energy Isolation

- ❖ Isolate all sources of hazardous energy before starting work.
- ❖ Apply Lockout/Tagout (LOTO) and verify zero energy before commencing the task.
- ❖ Never work on equipment unless isolation is confirmed and authorized.



Transportation

- ❖ Operate vehicles and equipment only if authorized, trained, and fit to drive.
- ❖ Follow traffic rules, speed limits, and always wear seat belts.
- ❖ Never use mobile phones or drive if fatigued, distracted, or under the influence.



Line of Fire

- ❖ Always identify and stay out of the line of fire.
- ❖ Keep clear of moving equipment, suspended loads, and pressurized systems.
- ❖ Position yourself safely and never place any part of your body in harm's way.



Fall Protection

- ❖ Use approved fall protection systems when working at height.
- ❖ Always ensure 100% tie-off and secure anchorage.
- ❖ Stop work immediately if fall protection is missing, damaged, or unsafe.



Fit and Well

- ❖ Ensure you are medically fit and mentally alert before starting work.
- ❖ Do not work if you are fatigued, ill, or under the influence of alcohol or drugs.
- ❖ Report any condition that may affect your safety or the safety of others.



Stop Work

- ❖ Stop work immediately if an unsafe condition or behavior is observed.
- ❖ Report the concern and ensure risks are controlled before resuming work.
- ❖ Everyone has the authority and responsibility to stop unsafe work without fear of reprisal.

For more information, please click this link: <https://youtu.be/zewJM9eeRk>